

International Meditation Centre

IN THE TRADITION OF SAYAGYI U BA KHIN AND MOTHER SAYAMAGYI

54 Cessnock Road, Sunshine NSW Australia, NSW 2264

P.O. BOX 3059 BONNELLS BAY NSW 2264

M: +61 401 769 901

www.imcnsw.com

imcnsw@optusnet.com.au

10days@imcnsw.com

COURSE FORM (Please complete in BLOCK CAPITALS)

I apply to attend the Meditation Course starting until How many days

Surname First Name

Date of birth Occupation

Male ☐ Female ☐ Nationality

Do you understand English well? Yes ☐ No ☐ If no, which language?

Address Mobile

Phone

Email

Please give details of someone to contact in case of emergency

Name Phone/Mob

Address

1: Have you attended a course in the Tradition of Sayagyi U Ba Khin & Mother Sayamgyi before? Yes ☐ No ☐

If yes, please say when and where was your most recent course

2: Are you practising any other techniques of meditation? Yes ☐ No ☐

If yes, for how long have you been practising them

3: Are you in good physical and mental health? Yes ☐ No ☐

If no please give details

4: Are you, or will you be, on any medical treatment at the time of the meditation course? Yes ☐ No ☐

If yes, please give details of medication

5: Do you suffer from any medically confirmed food allergies? Yes ☐ No ☐

If yes please give details. *Please note that only medically confirmed allergies will be recorded*

5: How did you come to know about this centre and meditation course? Could you please name the magazine, website, friend etc where you learned of the International Meditation Centre

All information will be kept strictly confidential.

The current UK Newsletter is available on the website