

# International Meditation Centre

IN THE TRADITION OF SAYAGYI U BA KHIN

54 Cessnock Road, Sunshine NSW Australia, NSW 2264

P.O. BOX 3059 BONNELLS BAY NSW 2264

phone: 0249 705 433 fax: 0249 705 749 www.imcsw.com

## COURSE FORM

Please complete in BLOCK CAPITALS Meditation course from  to

Surname  First Name

Date of birth  Occupation

Male  Female  Nationality

Do you understand English well? Yes  No  If no, what language?

Address  Phone

Fax

Mobile

Email

Please give details of someone to contact in case of emergency

Name  Phone

Address

1: Have you attended courses in the Sayagyi U Ba Khin Tradition before? Yes  No

(a) If yes, please say when and where was your most recent course

(b) If no, have you practised any other techniques of meditation? Yes  No

2: Are you in good physical and mental health? Yes  No

If no please give details

3: Are you, or will you be, on any medical treatment at the time of the meditation course? Yes  No

If yes, please give details of medication

4: Do you suffer from any serious food allergies? Yes  No

If yes please give details

5: How did you come to know about this centre and meditation course? Could you please name the magazine, website, friend, post etc from which you learned of the International Meditation Centre.

All information will be kept strictly confidential. Your name and address will be held on a database only for the despatch of our newsletter. Would you like to receive a newsletter (by email only)

Yes  No